

CANOE COMPARISON TABLE **	ROUGE RIVER	DIABLE RIVER - ST JOVITE		MONT-TREMBLANT NATIONAL PARC		
	Canoe, Kayak, Paddleboard (self-guided)	Canoe, Kayak, Paddleboard (self-guided)	Kayak with small rapids (self-guided)	Canoe Discovery (guided)	Canoe Descent (self-guided)	Sea Kayaking with Loons (guided)
EXPERIENCE	Choose you descent once on location: 6km, 12km or 24km. Calm river, best stretch of the river, with sandy beaches. Perfect for swimming and pic-nics.	An easy 12km descent for nature lovers and the whole family. Possible to bring a lunch, have a picnic, swim, etc. Small rapids are possible depending on which parcour you choose (decided on place).	A 23km descent only by kayak (simple or double) as moderately difficult. For nature lovers. Possible to bring lunch, make a pic-nic, swim, etc. Small rapids to be expected.	A 6km canoe descent on calm river with a naturalist guide and interpretations. Snack served with drinks. Free under 17 years old.	A12km canoe descent on calm river. Cross the Lac Chat and do some portage on 100m of rapids. Possible to bring lunch, have a pic-nic, swim, etc.	Observe the loons by sea kayaks on Lac Monroe with a naturalist guide who will interpret their behavior. Free for children between 7 - 17 years old.
ENVIRONMENT	Countryside / Farms	Nature / Rural		Wild		
DURATION	<b>6km:</b> +/- 2h with stops or 1h30 without stops. <b>12km:</b> +/- 4h with stops or 2h30 without stops. <b>24km:</b> +/- 6h with stops or 4h without stops.	3h	5-7h	3h	4h	2h
PRICE	\$34 - \$97	\$33 - \$75	\$52 - \$89	\$65	\$55 - \$78.50	\$61
CONDITIONS	Min. age at parent's discretion. Min 20lbs/10kg for life jacket. <b>Canoe:</b> 2 benches only, 3rd person will sit on floor. <b>Simple Kayak:</b> 12 yrs+ (recommended) <b>Double Kayak:</b> 12 yrs- must be with a 16 yrs+. <b>Paddleboard:</b> 13 yrs+, max 250 lbs/113kg.	<b>Simple Kayak:</b> 13 yrs min. <b>Canoe/Double Kayak:</b> min age. at parent's discretion. Min 30lbs/14kg for life jackets (if child under this weight, it is necessary to bring your own). Max 600lbs total. <b>Paddleboard:</b> 13 yrs +. Piece of I.D. to be left for rentals.	<b>Simple Kayak:</b> 13 yrs min. <b>Double Kayak:</b> min. age at parent's discretion. Min 30lbs/14kg for life jackets (if child under this weight, it is necessary to bring your own). Max 600lbs total. Piece of I.D. to be left for rentals.	2 people min. Min. 20lbs/10kg for life jacket.	2 adults and 1 child per canoe or 2 adults and 2 kids if under 10 years old. Min. 20lbs/10kg. Piece of I.D. to be left for rentals. If group of odd number, simple kayak available.	2 people min. 7 yrs old minimum. Under 16 yrs old must be accompanied by an adult in the kayak.
LOCATION	20 minutes, North of Tremblant	10 minutes, St-Jovite Sector		30-40 minutes, Mont-Tremblant Natoinal Parc		
TRANSPORT	WITHOUT TRANSPORT (to meeting place)	WITHOUT TRANSPORT (to meeting place)		WITHOUT TRANSPORT (to meeting place)		
INCLUSIONS	Boat, paddle, lifejackets, shuttle.	Boat, paddle, lifejackets, shuttle, ziploc for keys and phone.		Boat, paddle, lifejackets, guide, shuttle and parc access.	Boat, paddle, lifejackets, shuttle and parc access.	Double sea kayaks, lifejackets, paddle, guide.
PLEASE NOTE	<b>6km:</b> Start at meeting place and shuttle (3 mins) will bring you back (at parking). <b>12km:</b> Shuttle (7 mins) from meeting place to start point. Return to parking by boat. <b>24km:</b> Shuttle (15 mins) from meeting place to start point. Return to parking by boat.	Shuttle at beginning or at the end, depending on parcour choice. Canoe or double kayak decision will be taken with guide, in regards to the water lever and client's experience.	Shuttle at the end of the descent, brings clients back to their car. Return time organised on location with guide.	Meeting point: La Sablonière (6km passed reception).	Meeting point: Lac Monroe Service Center.	Meetin point: Discovery Center.

\*\* This table is provided for comparison purposes ONLY and is NOT meant as a complete activity representation/description.

Please see the specific activity page for COMPLETE information